



communicate

improve behavior

reduce stress

family fun

handle conflict

family games

problem solving

social skills



Strengthening Families

This FREE nine-week program is intended to help youth (ages 10-14) and their families build on family strengths, while learning new skills. Youth will learn how to make healthy choices, and parents will be given suggestions for dealing with child-parent conflict!

Where: Castle South Middle School
When: Thursday evenings, Jan. 13, 20, 27,
Feb. 3, 10, 17, March 3, 10, 17
Time: 5:30 Dinner 6:00—8:00 Program

Door prizes will be given at each session...
A FREE family meal is provided at the beginning of each session...
Childcare/Homework Club is provided for younger siblings

**To register or for more information about the program call
Marge Gianopoulos @ Youth First @ 812- 421-8336, ext. #3**

Sponsored By:
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