

# WARRICK COUNTY SCHOOL CORPORATION

## ELEMENTARY VOLLEYBALL RULES

### **Player Participation:**

1. Fifth grade volleyball shall be designated as a “girls only” sport based on the IHSAA decision which states, “Girls aren’t likely to dominate boys’ sports, but boys would be able to dominate a girl’s sport.”
2. The volleyball team shall be divided into “A” and “B” teams (if you have enough participates to warrant two teams. The best players shall be named to the “A” team. Each school shall attempt to dress at least 18-20 girls; schools may dress more if they wish. If there aren’t enough fifth grade students to play, all schools may use fourth graders when needed.
3. The “A” team will dress a minimum of nine players. All players who dress will play at least one complete game. The “B” team will dress a minimum of six players. Players will not play on both “A” and “B” teams the same day. Unless shortage of players on “A” team, and in order to make 9 players on “A” team, a “B” team player may be moved up to play 1 game on the “A” team. The player moved up may play a limit of 2 games on the “B” team as well. Schools unable to dress at least fifteen players will not have a “B” team. Those schools will have an “A” team only and will play the best two out of three games.

### **Designated Subs:**

4. Schools which have an “A” team only may choose subs from fourth grade to fill empty slots in case of illness or injury. Those subs may practice with the “A” team.

### **Age Limit:**

5. A student may participate in this sport up to and including the age of twelve. No student may participate in this sport at the age of thirteen. Student athletes will become ineligible for participation on the day of their thirteenth birthday.

### **Scholastic Eligibility:**

6. Students participating in any type of elementary athletic program/extracurricular activity will be declared ineligible to participate if the student receives an “F” in any subject area or “U” in conduct on his/her midterm or nine week report card. Either the midterm or nine week report card will be utilized to re-gaining eligibility (must receive passing grades) to participate in elementary athletics/extracurricular activities.
7. Ineligibility will begin on the day the midterms/report cards are issued. During this ineligibility, a player is not allowed to practice or participate in any game.

### **Grade Level Eligibility:**

8. Only fifth graders may play on the fifth grade teams. If necessary, you may then fill in with fourth graders. Schools cannot cut fifth graders from either the “A” or the “B” team and keep fourth graders, nor may fourth graders be moved to the “A” team over fifth graders.

Depending on circumstances within your school there may be an exception so there are enough students to fill a team(s).

**Schedule:**

9. The fifth grade schedule will be prepared by the Athletic Council President. A maximum of nine games may be played during a season. The practice start date will be listed on the basketball schedules.

**Court Size:**

10. The court will be 30 feet by 60 feet. The top of the net should measure 7 feet from the floor.

**Official Ball:**

11. An official regulation leather volleyball will be used for all fifth grade games.

**Serving:**

12. The serving line is 2 feet in front of the back line and will extend from sideline to sideline. Players are allowed to serve underhand and overhead from this line.
13. Serves that hit the top of the net and continue to go over the net are playable.

**Games/Toss:**

14. Both "A" and "B" teams will each play two of three games. Teams having two consecutive wins play only two games. Teams having one win each play the third game. The "B" games shall be played first. (*Visiting team always calls coin toss*)

**Length of Games:**

15. Rally scoring will be used and games will be played to **21** points. The third game will only play to **15** points. Again, the best two out of three games wins the match.

**Points to Win/Tie:**

16. A team must lead by at least two points to win the game. If each team has won one game, the serve of the third game shall be decided by the toss of a coin. (Visiting team calls the toss)

**Time Outs:**

17. There will be two time-outs allowed per game. In case of a 20-20 tie, each team will be given an extra time-out. A time-out will last one minute.

**Playing Time:**

18. Each girl that dresses out will play at least one full game.

**Substitutions:**

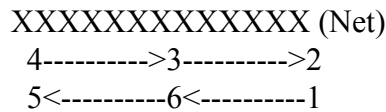
19. No substituting will be allowed during the first game unless an emergency arises and both coaches agree on the need for a substitution. Unlimited substitution is allowed in the third game.

**Warm-Up Time:**

- 20. Be sure to release your team with enough time to warm-up and they must be seated during the other team’s warm-up in order not to interfere with the other team’s practice. The first game will begin after each team has ten minutes of practice.
- 21. There will be five minutes of practice before the “A” game.
- 22. Warm-up on the sidelines by the opposing team will not be permitted during each team’s designated warm-up time.

**Serving Rotation:**

- 23. Rotation of players: In the following diagram, #1 is the server; when the serve is over, she moves to #6 position, and #2 becomes the server. After each game, teams will change benches so that the coach will be on the same side of the court as the team.



**Out of Bounds:**

- 24. The ball is not ‘out’ until it hits in the out of bounds area and if no part of the footprint of ball hits the line. A player may go outside of the court lines to hit a ball that is still in play. Players pursuing a ball may cross the center line in the out of bounds area.

**Center Line Violation:**

- 25. A player may cross the center line as long as:
  - a. Part of the shoe is touching the center line. If the entire foot crosses the center line with no part touching the line, then it is a fault.
  - b. The player does not contact or interfere with a player on the opposing team
  - c. The player does not contact the net, standard, referee, or referee stand while the ball is in play.

**Ceiling Interference:**

- 26. Playing the ball off the ceiling:
  - a. When servicing and the ceiling is hit, it is a point for the receiving team.
  - b. When returning the ball and the ceiling is hit on your opponent’s side, it is a point for your opponent.
  - c. When a ball is in play on your side of the court, and one of your girls hits the ball which in turn hits the ceiling, play is continued.

**Referees:**

- 27. The home team is responsible for getting one referee, two spotters, one scoreboard operator, and a scorekeeper for its home games. Referees and spotters must be

teachers or other adults. Use of flags by line judges is recommended. Judges should stand on line by the server, and watch the baseline, the serving line, and the sideline. Judges will use red flags to designate “foot faults.” When a line judge makes a call, hands in the down position mean the ball was “in” and arms bent with hands in the up position means “out.”

**Admission:**

28. There will be an admission of \$.50 per K-5 student. Middle / High School students and adults will be charged \$2.00. Family price is \$5.00. Anyone driving team members to away games will be admitted to the game at no charge.

**Tournaments:**

29. There will not be an elementary tournament concluding the regular season.

**Jerseys:**

30. Numbers shall be on the front of jerseys.

**Jewelry:**

31. No jewelry or hard barrettes shall be worn in the game.

**Special Rules:**

32. During the games, players are not allowed to have food at their designated areas on the gym floor. \*Coaches please remind your players to pick up trash and clean up before switching sides after each game.

**Game Officials:**

33. All principals and coaches should try to secure either registered officials or rules-knowledgeable officials. Volleyball referees will be paid \$20.00 for a single game / \$35.00 for two games.

**Official Rules:**

34. All National Federation High School Volleyball rules will be observed with exception as noted above.